



North County LGBTQ Resource Center
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FOR IMMEDIATE RELEASE



North County LGBTQ Resource Center Working to Alleviate Hunger in North San Diego County

The effects of the COVID pandemic have touched all of us, and food insecurity and hunger are just one of the challenges people are facing in our communities. At the same time, perfectly good food is being discarded every day by in this country- roughly 70 billion pounds annually, according to the Food and Agriculture Organization of the United Nations and the World Economic Forum.

At the North County LGBTQ Resource Center in Oceanside, California, we have partnered with Feeding San Diego to rescue fresh produce and other quality foods and provide it to members of the community at no cost. Through a collaboration with the Retail Food Rescue Program and local grocery stores in North San Diego County, our community program helps provide nutritional meals to families, children, seniors, and other community members while also reducing waste and helping conserve vital resources.

“Our food redistribution program, which we’re calling Foodies & Goodies, is a free service we’re excited to be able to provide to our North County communities,” said North County LGBTQ Resource Center Executive Director Max Disposti. “Preventing perfectly good, usable food from going into a landfill isn’t really charity. It’s a smart use of available resources to alleviate the problem of hunger. Sometimes there really are simple solutions available if we think creatively and take advantage of existing partnerships.”

North County LGBTQ Resource Center volunteers and staff who guide the program have been trained in proper food safety and handling protocols as required by the health and safety department of the National Restaurant Association.

Anyone in the community can access the free food and produce on a first come, first served basis weekly on Fridays after 1pm at the North County LGBTQ Resource Center, but you should consider calling first as all current health and safety regulations related to the COVID pandemic are being followed at the Center.

For more information, please contact the Center at (760) 994-1690 or email at info@ncresourcecenter.org.