

# Our Queer Rights Guide to Reproductive Health



REPRODUCTIVE  
JUSTICE PROJECT

The state of California has important laws intended to protect our reproductive freedoms. As **LGBTQ community members**, medical settings can sometimes feel intimidating — but rest assured our state aspires to guarantee access to our basic health care needs such as abortion, regardless of our sexual orientation or gender identity.

**Whether you're a California resident or not, the law is clear about the rights a pregnant person has.**

## REMEMBER

*Visit the California Abortion Access website to learn more about your rights.*



<https://abortion.ca.gov/index.html>

**You have the right to a safe and legal abortion without the need to provide a reason for seeking an abortion.**

Use the *California Abortion Finder* to find a provider that is right for you.

**There are no residency requirements for seeking or obtaining an abortion in California.**

Our state does not investigate, prosecute, incarcerate, or collaborate with other states to detain an individual who obtains or aids someone in obtaining an abortion.

**You have the right to access abortion services for little-to-no charge.**

California mandates that insurance plans as well as Medi-Cal cover the cost of abortion services. If you have questions about your insurance you can contact the California Department of Insurance at (800) 927-4357.

**You have the right to confidentiality.**

An individual can obtain an abortion without having parents or spouses notified.

\*Note: some exceptions do apply.

**You have the right to a timely abortion, including medical prescription, urgent care, non-urgent care appointments.**



**REMEMBER YOU ARE NOT ALONE**

Email: [programmanager@northcountycenter.org](mailto:programmanager@northcountycenter.org) for advocacy needed support.  
Call the North County LGBTQ Resource Center at **(760) 994-1690** or come talk to us in-person for accompaniment services at: **1919 APPLE STREET • OCEANSIDE, CA 92054**  
(We are open Monday - Friday from 9:00am - 6:00pm.)