

First Age Repro Health

Checklist:



Reproductive Health For
Ages 12-22

Do I need support with any of the following items?

- Contraception, including:
 - Pills, patches, rings, IUDs, implants, shot, condoms, and emergency contraception
- Plan B
- Gender affirming care
- Abortion access
- Post-abortion care
- Sexually transmitted infection prevention and support.
- Human immunodeficiency virus (HIV) testing and support
- Post-abortion mental health
- Gender affirming tools and how-to guides for safe sex and relationships.

Second Age Repro Health

Checklist:



Reproductive Health For
Ages 23-51

Do I need support with any of the following items?

- Contraception
- Gender affirming care, such as:
 - Hormone therapy
 - Surgery
 - Mental health services
- Abortion access
- Sexually transmitted infection prevention and support
- Assisted reproductive services
- Fertility Services and Preservation
- Post-abortion care
- Postpartum care and gender-inclusive breast feeding support
- Cancer screenings
- Miscarriage support
- Human immunodeficiency virus (HIV) testing and support
- Gender affirming tools and how-to guides for safe sex and relationships.

Third Age Repro Health

Checklist:



Reproductive Health For
Ages 52+

Do I need support with any of the following items?

- Contraception
- Gender affirming care, such as:
 - Hormone therapy
 - Surgery
 - Mental health services
- Sexually transmitted infection prevention and support
- Cancer screenings or post-result appointments
- Menopause
- Colonoscopy
- Human immunodeficiency virus (HIV) testing and support
- Gender affirming tools and how-to guides for safe sex and relationships.